



St Michael's Catholic Church Linlithgow NEWSLETTER

6th Sunday of the Year
CYCLE B
11th February 2024 Week 6

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Public Mass this Sunday is at 9.15 and 11:00 am

11:00 am Mass will be live-streamed this Sunday
Please follow the link on our Parish website: www.stmichaels-rc.org.uk

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Readings this Sunday

Leviticus 13:1-2, 44-46 In ancient Israel leprosy was seen as a punishment for sin as well as an illness.

Psalms Response You are my refuge, O Lord, you fill me with the joy of salvation.

1 Corinthians 10:31-11:1 Concern for others is the glory of God made visible.

Mark 1 :40-45 The Lord wants to give healing and forgiveness

PUBLIC MASSES IN THE COMING WEEK

Wednesday	10am	Chris Duncan
Wednesday	7pm	Special Intention
Thursday	10am	Pearl Watson
Friday	10am	David Nicoll
Saturday	10am	John, Mary, and Brendan Quigley
Sunday	9.15am	People of the Parish
Sunday	11am	Sick of the Parish

Please note that Mass on Sunday is always for the people of the parish. Private intentions are remembered at weekday Masses.

WEDNESDAY IS ASH WEDNESDAY AND A DAY OF FASTING AND ABSTINENCE FROM MEAT. MASS INCLUDING THE BLESSING OF AHSES AT 10AM AND 7PM.

Please pray for the repose of the soul of Ann Theresa Howie, who has died on 3 February aged 66 years and whose funeral will be here on Monday 26 February at 10am

ANNIVERSARIES IN THE COMING WEEK: Michael MacDonald, Anne Mary McCulloch, Pearl Watson, George McIlroy, David Nicoll, Kate Nelson, Nuala Dyer, Mary Shelton.

SCIAF BOXES available in the porch.

PARISH COORDINATORS FOR SAFEGUARDING For many years now Morag O'Dwyer has carried put the tasks of parish coordinator very efficiently and with no fuss. She now feels the time has come for her to step down, though she will still be willing to advise as Coordinator Emeritus We are all very grateful to her for all the work she has done for us through the years. These tasks are now being carried out by John McCormack and Clare Kilkerr.

Mass on Saturday is usually combined with Morning Prayer from the Roman Breviary.

MESSAGE FOR LENT FROM ARCHBISHOP LEO My dear friends, Ash Wednesday is this week and marks the beginning of Lent. It is a day of fasting and abstinence as we head into six weeks of spiritual preparation for Easter Sunday. I want to offer three things we can do in Lent.

1. Receive your Ashes. Make every effort to get your ashes on Ash Wednesday and embrace this day of prayer and fasting. The ashes signify repentance and death. When the priest places the ashes on your forehead, he says: "Remember that you are dust, and to dust you shall return". Or he will say: "Repent and believe the Gospel". So, it is a chance to come before God in humility and to say sorry for our sins.

2. Take time out for private prayer. Pope Francis has suspended his busy schedule for the first week of Lent to dedicate himself to private, prayerful spiritual exercises. He is putting prayer first, and we can follow that example. Whether that means getting up a little earlier to spend time with God, or switching off the TV or radio, let us prioritise prayer each day in Lent.

3. Make sacrifices. Often, we resolve to 'give up' something in Lent, such as chocolate, alcohol, caffeine. Done in the right spirit, with an intention to get closer to God, this is a good thing. Let us also make small sacrifices for others, to help them, especially when it may be inconvenient to ourselves. That way we can imitate Jesus who sacrificed his life for us all. Please also read the Holy Father's message for Lent 2024 at <https://bit.ly/popelent24>. God bless you!

CHURCH CLEANING Group 2 Tuesday 20th February Mrs. Ambrose, Mrs. Workman, Mrs. C. Wilson, Mrs. Sinclair, Mrs. Gormley.

STALL Book available The Joy of Love, Pope Francis £4.95p. All calendars £1.

WEDNESDAY TEAS/COFFEES after Mass. All Welcome.

ST MICHAEL'S LADIES CLUB Wednesday 21st February St Margaret's Hall at 7.30 pm. "Use it or Lose it" Pilates instructor Joanna Goodall will introduce members to a light session of Pilates, good for health and fitness . Recommended dress code of loose light clothes and flat shoes. Tea, coffee, and a free raffle. New members are welcome.

YALE KEY was left in the church two weeks ago. It is a single key for four key rings attached. We have also black framed prescription spectacles.

There will be a celebration commemorating the life of Toni Harry, who died in 2021, on the 24th of February 2024 at 2pm in Inchyra Grange Hotel in Falkirk. All welcome.

PRAYER FOR PEACE IN UKRAINE AND GAZA O Loving God, your Son, Jesus Christ, came into the world to do your Will and leave us His Peace. Through the intercession and example of our Blessed Mother Mary, Queen of Peace, grant us the wisdom and humility to reflect that peace to the world. Inspire our thoughts, words, and deeds to bear witness to your presence in our hearts. May your Holy Spirit fill us with every grace and blessing so that we may pursue what leads to peace for all humanity. Amen

NEWSLETTER – items for newsletter email, before Thursday, DeaconDouglas.Robertson@staned.org.uk

St. Michael's is a parish of the Roman Catholic Archdiocese of St. Andrew & Edinburgh

A Charity registered in Scotland Number SCO08540

Parish website www.stmichaels-rc.org.uk Archdiocese website www.archdioces-edinburgh.com

Notices from the Archdiocese

For Archdiocese events see the “News and Events” page on the website or use this QR code :



WORLD DAY OF THE SICK – 11 February. The World Day for the Sick was introduced by St Pope John Paul II to help us remember to pray for all those who are ill and for their caregivers. He chose this day because it coincides with the Feast of Our Lady of Lourdes, Lourdes being a place of pilgrimage renowned for healing. Please pray for the sick of our parish and the family members, friends and professionals who help them.

FREE PLACES AT SPUC YOUTH CONFERENCE! SPUC's Youth Conference is a weekend which brings together 200 like-minded young pro-lifers to learn effective strategies and fuel your passion for defending the most vulnerable among us – unborn children and their mothers. The Conference runs 23 - 25 February at Yarnfield Park Training Centre in Stone, Staffordshire, ST15 0NL. The Archdiocese has five fully funded places available, including travel. To apply: <https://bit.ly/youthconference24> or contact the Pro-Life Office: prolife@staned.org.uk

LENT RETREAT IN DAILY LIFE: PATHWAYS THROUGH THE DESERT The Edinburgh Jesuit Centre is offering a retreat in daily life for Lent, ‘Pathways through the desert’, in partnership with St Paul and St George Episcopal Church, York Place. It begins on Sunday 18 February and runs for five weeks, finishing on Sunday 24 March. Participants are asked to set aside some time each day for prayer (usually 20 to 30 minutes) and to meet once a week with their individual prayer guide. For more information please email ejcretreats@jesuit.org.uk

LENT VIDEO REFLECTIONS Join Canon Hugh White each week in Lent as he reflects on the ‘Challenge of the Gospel’, in weekly videos posted each Monday morning on the Archdiocesan YouTube channel: bit.ly/ArchYouTube

STATIONS OF THE CROSS Join people across the Archdiocese each Monday throughout Lent for our annual Stations of the Cross. It takes place on Zoom each Monday at 7:45pm, beginning on Monday 19 February, and lasts around 30 minutes. We will be praying for unborn children, their mothers and all pro-life intentions. Register at bit.ly/lentstations

RETREAT FOR YOUNG ADULTS The ARISE retreat on Saturday 24 February is for 16-35 year-olds across Scotland to gather for a day of faith, fun and friendship at St Albert’s Chaplaincy, George Square, Edinburgh. The day includes Mass, Adoration, talks, small group discussion, opportunities for Confession and more. Tickets £15 which includes lunch & dinner. Register at <https://www.youth2000.org/events/Edinburgh>

PATHWAYS OF HOPE A forum on Catholic Social Teaching and Poverty titled ‘Pathways of Hope’ takes place on Saturday 16 March 10:30am-3:00pm at The Gillis Centre, 100 Strathearn Road, Edinburgh, EH9 1BB. Register at bit.ly/pathwaysofhopeevent

CALLED TO BE SAINTS - YOUTH DAY A day of inspiration, friendship and prayer for S1-S4 pupils that asks the question ‘what does it to be a saint in the modern world?’ Run by Fr Robert Taylor and Fr Martin Eckersley, it features talks from guests including Judith Ralston, BBC Scotland weather presenter. It takes place on Saturday 23 March, midday to 4:00pm at The Gillis Centre, 100 Strathearn Road, Edinburgh, EH9 1BB. Register your child for this FREE event at bit.ly/calledtobesaints

REMEMBERING SERVICE A service for those who have suffered the loss of a child, from the beginning of pregnancy onwards, together with those who wish to come in love and support, to have time in quiet surroundings to fully recognise their loss and help with healing. Sunday 3 March, 5:00pm at St John the Baptist RC Church, Edinburgh. Ecumenical and open to all.

DAY FOR CATECHISTS If you are involved with RCIA, children’s liturgy, sacramental preparation or any other catechist role, please register for the Archdiocesan Day for Catechists at The Gillis Centre, 100 Strathearn Road, Edinburgh, EH9 1BB, on Saturday 9 March from 10:30am-3:00pm. While the day is aimed at Catechists, all are welcome. Visit <https://bit.ly/dayforcatechists>

THE BEGINNING EXPERIENCE. Weekend for those suffering bereavement through divorce, separation or widowhood at St Mary’s Kinnoull, Perth, 5-7 April. For details contact Louise (07926571004 or louise398@gmail.com).

LOURDES PILGRIMAGE 2024 The Archdiocesan Pilgrimage to Lourdes will take place from 5-12 July 2024. To find out more visit <https://www.edinburgh-lourdes.com/lourdes24>