



Our vision is that every child receives one daily meal in their place of education and that all those who have more than they need, share with those who lack even the most basic things.

mary's
meals

a simple solution
to world hunger

Dear St Michael's RC Parish, Linlithgow,

I hope this finds you well.

I wanted to say a heartfelt thank you for supporting Mary's Meals through sponsorship of one of our programme schools. Sponsor A School is a cornerstone fundraising initiative of Mary's Meals and fully aligned with our vision – that every child receives one daily meal in their place of education and that all those who have more than they need, share with those who lack even the most basic things.

Mary's Meals currently provides meals to 2,429,182 children in 18 countries. In so doing, we enable children who are vulnerable and experiencing food insecurity to continue their education, thrive in a safe environment and hold on to the hope of a brighter tomorrow. Our overriding aims are to help break the link between poverty and a lack of education and to ensure no child goes hungry in this world of plenty. We're in it for the long term, yet we look forward to the day when we are no longer needed.

Our unique approach identifies those children in the greatest need and creates an equal partnership with local communities. The expertise of local staff and trusted partners in the countries where we work helps us to reach those who are marginalised and in danger of being forgotten. Huge numbers of in-country volunteers give their time to cook and serve the meals so that children can attend school and feel ready to learn. Our work would be impossible without the generous contributions of these dedicated volunteers and wonderful supporters like you.

Our school feeding model is intentionally designed to be low cost and high impact. Through regular monitoring and evaluation of our programme we know that food encourages children to attend school regularly, gives them energy to participate in class and reduces their anxiety about hunger. By extension, it also eases parents' worries about their children's wellbeing.

We know that for the children we serve, food changes the story and, thanks to your ongoing support, you play an important part in their stories too. Your commitment to provide much-needed, reliable meals for every child in a place of education for a whole school year is an amazing gift and we are truly grateful for it.

Magnus MacFarlane-Barrow
Founder and CEO
Mary's Meals International

Mary's Meals International,
Units 10-13, Claremont Centre, 39 Durham Street, Glasgow, Scotland, UK, G41 1BS.
T:0141 345 2381 E: hello@marysmeals.org

Registered office: Craig Lodge, Dalmally, Argyll, Scotland, UK, PA331AR. Registered charity: SC045223 Limited company: SC488380



marysmeals.org